

# ADMIT



## Principle 4:

Openly examine and confess my faults to myself, to God, and to someone I trust.

*Happy are the pure in heart.*

Matthew 5:8a (TEV)



## Step 5:

We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

*Therefore confess our sins to each other and pray  
for each other so that you may be healed.*

James 5:16a (NIV)

### Why admit my wrongs?

1. We lose our sense of Isolation .
2. We will begin to lose our unwillingness to Forgive .
3. We will lose our inflated, false Pride .
4. We lose our sense of Being Truthful .

### Three reasons or benefits for admitting all your wrongs and your sins to another are:

1. We gain the Healing that the Bible promises!
2. We gain Freedom !  
*Then they cried to the Lord in their troubles, and he rescued them!*  
(Psalm 107:13 LB)
3. We gain Support !  
*If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.* (1 John 1:9 NIV)

### LEADER'S FOCUS QUESTION

What is your biggest fear of sharing your inventory with another person? What positive changes have happened in your life due to sharing your inventory?