

# SANITY



## Principle 2:

Earnestly believe that God exist, that I matter to Him, and that He has the power to help me recover.

*Happy are those who mourn, for they shall be comforted.*

Matthew 5:4



## Step 2:

We came to believe that a power greater than ourselves could restore us to sanity.

*For it is God who works in you to will and to act according to his good purpose.*

Philippians 2:13 (NIV)

## S trengths

*God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear. . . .* (Psalm 46:1-2 NIV)

## A cceptance

*Accept one another, then, for the glory of God, as Christ has accepted you.* (Romans 15:7 GNB)

## N ew Life

*When someone becomes a Christian, he becomes a brand new person inside. He is not the same any more. A new life has begun!* (2 Corinthians 5:17 LB)

## I ntegrity

*Nothing brings me greater joy than hearing that my children are living in the truth.* (3 John 1:4 PH)

## T rust

*It is dangerous to be concerned with what others think of you, but if you trust the Lord, you are safe.* (Proverbs 29:25 GNB)

## Y our Higher Power

*While we were still sinners, Christ died for us.* (Romans 5:8 NIV)

### LEADER'S FOCUS QUESTION

What do you keep repeating over and over again expecting a different result? What result are you looking for?