

POWERLESS



Principle 1:

Realize I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.

Happy are those who know they are spiritually poor.
Matthew 5:3a (TEV)



Step 1:

We admitted we were powerless over our addictions and compulsive behaviors, that our lives had become unmanageable.

I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out.
Romans 7:18 (NIV)

Pride

Pride ends in a fall, while humility brings honor. (Proverbs 29:23 LB)

Only ifs

So then, whatever you have said in the dark will be heard in broad daylight. (Luke 12:3a GNB)

Worry

So don't be anxious about tomorrow. God will take care of your tomorrow too. Live one day at a time. (Matthew 6:34 LB)

Escape

For light is capable of showing up everything for what it really is. It is even possible for light to turn the thing it shines upon into light also. (Ephesians 5:13-14 PH)

Resentment

"In your anger do not sin": Do not let the sun go down while you are still angry, and do not give the devil a foothold. (Ephesians 4:26-27 NIV)

Loneliness

Don't forget to be kind to strangers, for some who have done this have entertained angels without realizing it! (Hebrews 13:2 LB)

Emptiness

Jesus said, "My purpose is to give life in all its fullness." (John 10:10b LB)

Selfishness

Whoever clings to his life shall lose it, and whoever loses his life shall save it. (Luke 17:33 LB)

Separation

Nothing will ever be able to separate us from the love God demonstrated by our Lord Jesus Christ when he died for us. (Romans 8:39b LB)

POWERLESS, *continued*

Stop Doing Two Things

Stop: _____

Stop: _____

Start Admitting Two Things

Start Admitting: _____

Start Admitting: _____

LEADER'S FOCUS QUESTION

How has pride stopped you from asking for and getting help to overcome your hurts, habits and hang-ups?